



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Adamstown YMCA Summer 2016 Swim Lessons

- Sessions:** Adamstown Pool: June 20th– July 1st East Cocalico Pool: July 11th– July 22nd
Denver Pool: July 25th – August 5th Adamstown Pool: August 8th – August 19th
- Deadline:** Adamstown I: Friday, June 10, 2016 (\$10.00 late fee will be assessed after this date)
East Cocalico: Friday, July 1, 2016 (\$10.00 late fee will be assessed after this date)
Denver: Friday, July 15, 2016 (\$10.00 late fee will be assessed after this date)
Adamstown II: Friday, July 29, 2016 (\$10.00 late fee will be assessed after this date)
- Fee:** Member \$50.00 Non-Member \$65.00
- Class Dates:** Monday – Thursday; Fridays will be used as make up days
- Class Descriptions:** **Polliwog – Introduction to Water Skills:** This beginning level gets swimmers acquainted with the pool, use of floatation devices and independent floating.
- Guppy – Fundamental Aquatic Skills:** Swimmers are introduced to freestyle, backstroke, sidestroke, and breaststroke
- Minnow – Stroke Development:** This is the initial intermediate level. Swimmers will continue to practice and refine their strokes.
- Contact:** Justine Link, Program Lead: (717) 484-4996 or jlink@ymca-berkscounty.org

Mail registration to PO Box 472, Adamstown, PA 19501 or
deliver form to the Adamstown YMCA at 71 E. Main St. Adamstown, Pa 19501





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Adamstown YMCA Summer 2016 Swim Lessons Registration Form

Session Attending:

- Adamstown Pool, June 20th– July 1st East Cocalico Pool, July 11th– July 22nd
 Denver Pool, July 25th – August 5th Adamstown Pool, August 8th – August 19th

Name of Swimmer: _____ Age: _____

Birthday: _____ Grade: _____

Gender: Male: ___ Female: ___ School Attending: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Parent/Guardian: _____ Phone: (C) _____
(W) _____

Parent/Guardian: _____ Phone: (C) _____
(W) _____

Swimming Level: Beginner (Pollywog) Intermediate (Guppy) Advanced (Minnow)

Class Attending:

- Minnow, 8–8:30 AM Guppy, 8:40–9:10 AM Polliwog, 9:20–9:50 AM Polliwog, 10–10:30 AM

YMCA Release and Waiver of Liability: You have registered your child for a YMCA program that involves physical activity and completion of this form is required. This document is a release of claims, and by signing it you do the following:

1. Acknowledge that when performing any physical component of this program your child may suffer injury.
2. Represent to the YMCA that your child is in good health and physical condition, sufficient to engage in such activities and that your child is not suffering from any condition that would prevent your child from engaging in such activities or that make your child's participation in such activities potentially dangerous or harmful to your child.
3. Assume the risk of, and release the YMCA and its associates harmless from, any liability for physical or other injury that has been suffered by your child during, or as a consequence of, participation in the physical activities required in the curriculum of this course and you agree that neither the YMCA, nor any other person involved in organizing or teaching in this program, shall have any liability or responsibility for any injury or harm.
4. I authorize the YMCA to photograph or video tape both myself and my child and understand that all photos and video footage are property of the YMCA and may be used for publicity purposes.

I have read, understand, and affirm that my child is in good health and physical condition and am signing this of my own free will. I agree to all of the foregoing.

Parent/Guardian Signature

Date